



CENTERLINE



CONNECTICUT DRESSAGE ASSOCIATION

FEBRUARY 2002

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CENTERLINE

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USDF Convention

by Debra Reinhard

This year the USDF Convention was held in Orlando, FL, Mickey's home or as my husband so affectionately calls it, the Rat's House! However, there was nothing 'mickey mouse' about the Peabody Hotel. The rooms were great, plenty of restaurants, and generally a great place. I particularly enjoyed the march of the ducks each day. Robbie, my son, was an honorary 'Duckmaster' and helped steer them to the fountain.

After attending the Magic Kingdom on Tuesday, I was glad to find a chair that did not move. Way too many Thunder Mountain rides!!! As usual the meetings, university studies, and the board of governors filled my days to the max! Let me hit the highlights of the ones I attended!

In the competition management, we talked about the new rule changes that would affect managers and competitors. One major change, which is not a USAE rule but a USDF requirement, was the 'Horse Identification Number'. In order for you to compete in any recognized show your horse will have to have an ID number. The purpose is for tracking breeding and for scores to be attached to the horse. For example, say you are thinking about buying a horse from Jane Smith who has told you that 'Thunder' received a 70% at PSG. Since there maybe several 'Thunders' in the system, with the number you can verify that score. It is a one-time fee of \$20 for the life of the horse. You will be able to start to receive your horse's number in June, and they are required after Oct 1, 2002. This ID Number does not allow you to qualify for the championships or awards. You still must be registered with USDF. However, if you have ID Number you can 'upgrade' to full registration for a lesser fee. Please note that if your horse is already USDF registered, you do not need to get an ID Number.

Also, a rule that went through the USAE on Nov 13, 2001 and into effect Dec 1, 2001, you can apply for your USAE membership at the day of the show and it will go into effect immediately. Also, if you do it online, you can print out the confirmation page and avoid the \$5 affidavit fee for not having a card. Please remember to do your membership early, but if you do not, please bring that confirmation sheet to avoid the \$5 affidavit fee. Also, from an exhausted show secretary, I have been requested to plead to you not to do your membership at the show. Believe me, Steve has enough paperwork!

For the first time I attended the FEI Managers meeting. WHY you might ask would I do that? Well, Centerline Events has been granted a CDI*** to be held in conjunction with the CDA Spring Competition, May 31, June 1 and 2, 2002. This is BIG news for CDA. Our little one day/one ring show nine years ago, has now gone to three days with a international competition attached. However, it was not all that easy. If any of you read the Chronicle of the Horse issue, December 7, 2001, an article was written about the situation. Getting back to the meeting, I learned a lot regarding the do's and don'ts, and this will help us run a successful show.

Being a Technical Delegate, I, of course, attended the TD meeting. Besides several proposed rule changes were presented that would affect us, and several new rules went into effect Dec 1, 2001. Most of the Dressage rules that were added or changed were to accommodate riders with USAE Dispensation Certificates. The major discussion last year about the Freestyles needing to have 58% at the highest test if the level or higher has gone into effect. USDF has an affidavit so that if you forget your USDF cards and want to qualify, you can pay your \$5 and declare you are register. This is mainly done to help catch people who are not registered correctly and notify them before it is too late for them to re-qualify.

Of course, I need to talk about the Marketing Committee since I am the chairman. We had a great meeting and organized several new objectives for 2002. The new USDF booths were on display at the convention and NEDA will get this booth for Equine affair next year. The Member get a Member campaign will be in full swing a second year for the GMOs and the PMs. As you already know, CDA won one of the three grants for raising their GMO's membership up 80%.

2002 Calendar

Feb. 9, 2002

CDA Year End Awards Party
{See page 7 for details}

Feb. 23, 2002

Fox Ledge Farm
2002 Lecture Series
Rider's Seat and Position/Form and
Function
860-873-8108

Mar. 23, 2002

Connecticut Dressage & CTA Sponsored
Freestyle Dressage Clinic with Ann Guptill
At Fox Ledge Farm
For more information
Contact Robin - (860) 885-1860 or
Kari - RStablePfarm@aol.com

Apr. TBA, 2002

Fox Ledge Farm
2002 Lecture Series
The Training Scale/How to Recognize the
Components
860-873-8108

Convention - continued from page 1

Board of Governors meeting! Here is where we, Participating Members and Group Members, (like members of CDA), have a vote. I carried votes as your elected Participating Delegate for the Region and CDA's votes. All the council and committee Chairpersons, which includes me, give their reports. In this report, motions can be made, and projects can be accepted or declined by the voting delegates. The issues that were put in front of the Board of Governors were many, but there was no need for a roll call vote. The hottest issue was the Horse Identification Number. After MUCH discussion it did pass.

I almost for got to tell the fun part of the BOG! After roll call, the chairman of the nominating committee, Bo Belton, and ask if there are any nominations for the floor. He must say it three times for each position that is up for election and it is the most boring part. This year the election of odd number regional directors was on the agenda. So Bo on the first day had his committee members walk with signs behind him with VERY fun things on them. We all had a big laugh and the time flew by. However, that was nothing. On the second day, Bo stripped an article of clothing each time he said, "Are there any more nominations for the floor". He received dollar bills, room keys, and many many laughs. We did stay awake during it this year. OH Yes! The election results.... Several new regional directors were elected to the executive board, but our region being number 8 did not have elections.

Next year the USDF Convention is in Portland,OR, and you should try to come. It is a lot of fun learning and talking to Dressage enthusiasts.

USDF Announces New Executive Board Members

Lincoln, Nebraska (January 7, 2002) –The members of the United States Dressage Federation (USDF) have elected five new members to represent their interests on the USDF Executive Board. Delegates from the odd-numbered regions recently voted their choice for Regional Director at the USDF Annual Convention, held November 28-December 1 in Orlando, Florida. The new Executive Board Members serving for the years 2002-2004 are:

- Alison Head of Hamilton, Virginia, Region One Director
- Sandra Bishop of Panama City Beach, Florida, Region Three Director
- Theresa Hunt of Glendale, Arizona, Region Five Director
- Melissa Creswick of Clovis, California, Region Seven Director
- Kathryn Kyle of Bandera, Texas, Region Nine Director.

These five members are part of a 13-member executive board that consists of nine regional directors and four officers. Serving three-year terms, elections are staggered to provide for continuity among the board. In addition to directing the activities in their region, the Regional Directors conduct the business of the Federation through meetings during the USDF Annual Convention, at a spring meeting, and in conference calls throughout the year.

Alison Head of Hamilton, Virginia was elected as Region One Director, representing the states of Delaware, Maryland, North Carolina, New Jersey, Pennsylvania, Virginia and the District of Columbia. Alison owns and operates Looking Glass Farm, a training facility for horses and riders through Grand Prix. A former practicing attorney and current member of the Virginia State Bar, Alison was long listed with the U.S. Equestrian Team riding *Granus*. She has served as vice-president of the Virginia Dressage Association, and president of its Northern Virginia chapter. A graduate of the USDF "L" education program, she is working towards earning her judging license.

Sandra Bishop of Panama City Beach, Florida was elected as Region Three Director, representing the states of Alabama, Florida, Georgia, South Carolina and Tennessee. Sandra has studied dressage for almost 30 years, and has ridden through Intermediate I. An active board member of the Deep South Dressage and Combined Training Association, she has served as volunteer to assist with their many competitions, clinics and programs, including the USDF "L" Program. She has served as a delegate to every USDF annual convention since 1992, and has served on the USDF Group Member Organization Council as regional coordinator. Sandra and her husband own four restaurants in the panhandle of Florida. She not only holds the title of Chief Financial Officer for their corporation, but is extremely active in the daily management of each operation.

For Sale

18 year old gelding. A real sweetheart. Solid first level dressage competitor, has the ability to do second level with the right rider. CDA Training Level Recognized Junior Champion 2000. Jumps 2'6", pony-clubbed through the C-2 level. Has been to Pony Club Dressage Nationals. Never has had any soundness problems, acts liorke a six year old. Clips, trailers, ties. An excellent learning opportunity for a child or an adult. To a great home only. \$5500. Contact Casey at tgdelc@msn.com or 860-379-3643

IMAGINE

By Leslie B. Weiss, Ph.D.

The frenzied show season is over. Winter is coming, and with it, at least for some of us, a certain leisure. This is the time to reflect upon last season's accomplishments, to identify challenges, and to set new goals. It's the perfect time to put your mind to work.

There are two lists to make. Get out a paper and pen right now so you can write down ten or so of the very best moments from the past year's riding. Take your time and really remember the details, especially the feel of the moment. Where were you? In a lesson? In the show ring? Receiving the High Point award? On a trail ride? Grooming on a rainy Sunday? Sitting in the lounge with coffee and friends? Notice what it is about this time that is so pleasing. Pay attention to where you feel good in your body. Is there an image, a sound, a smell, a word that goes with each of these good times?

Breathe, and let the pleasure sink in. Plan to keep track of the new "good moments" in the year ahead. This is your "CAN DO" list. I'll tell you how to use it later.

Winter is the perfect time to review your riding for what needs improvement. When it is too cold or wet to ride, use your imagination for mental rehearsals. Prepare yourself by keeping a lesson-schooling notebook. Use a separate section of your notebook to keep a list of your mental rehearsals. Pay special attention to how it feels, and any images or words that help you remember what you are learning.

On days when you cannot ride, re-run the lesson slowly in your mind, focusing on what most needs practice. Be sure to pay close attention to how things got better in your lesson or schooling. Consult your notebook for reminders. In your mind, slowly review that part of your lesson. Take your time so that you can feel your muscles wanting to respond. Use any pictures, sounds, or words that can help you remember vividly, these process helps your nerves (brain) connect to your muscles, so that the next time you ride you can use this mental video as you work.

There is one caution: **KEEP IT POSITIVE!** Focus only on what is getting better. If either you or your horse is learning new technical skills, focus on the small steps of progress, those things that are going to make it right. Take your questions to your trainer. Remember: neither your mind, nor your horse's, can process a negative image. Try this:

Don't think of a pink elephant in a green room. What happened? Instead try: Think of an empty green room. Better? Always phrase your mental strategies in a positive way. Tell yourself (and your horse) what TO do and avoid the don'ts.

This can be difficult while one or both of you are learning something new. If you begin to get frustrated or discouraged, go get your "CAN DO" list. Remember, once upon a time, long ago, you got on a horse for the first time. You didn't know what to do with that huge animal. Consider your accomplishments to date.

Look and think forward to your goal. Let your trainer help you and your horse take the time this winter to build the physical skills you need to go there. Imagination is not substituted for proper training and conditioning, but it can help you maintain your gains by priming your mind and body when you cannot ride as regularly.

So, on those nasty winter days, settle into a comfy chair and imagine....

Leslie Weiss, Ph.D. is a clinical psychologist specializing in performance enhancement for business, sports, health, and the performing arts. She is a former dancer, amateur musician, and has been riding for more than 20 years. Leslie is available for individual consultations and for workshops on performance-related topics. Contact her at 203-865-6156 or lesweiss@tiac.net.

CDA's 2001 Year End Awards Winners

Recognized Competitions

Training Level Adult Amateur

<u>Rider</u>	<u>Horse</u>	<u>Score</u>	<u>Place</u>
Holly Hansen	Pantera	69.91	1
Beverly Reid	Nadine	68.68	2
Sarah Warzecho	Kalahari	62.39	3
Robin Cassella	Holiday	58.26	4

Training Level Open

<u>Rider</u>	<u>Horse</u>	<u>Score</u>	<u>Place</u>
Maureen Hawes	Windsor Lad	70.90	1
Laurie Davis	Sigfridson Shine	70.65	2
Timothy Malin	Rousseau	60.88	3

First Level Junior

<u>Rider</u>	<u>Horse</u>	<u>Score</u>	<u>Place</u>
Jacqueline Cloud	Starks Tegwch	62.49	1

First Level Adult Amateur

<u>Rider</u>	<u>Horse</u>	<u>Score</u>	<u>Place</u>
Silene White	Prince of the Moon	65.62	1
Kari Allen	Forbes Abracadabra	63.23	2
Mary Beth Bain	Hartford	60.96	3
Patricia Goldblatt	Diangelo	58.94	4
Erin Brown	Fitzwilliam	58.55	5

First Level Open

<u>Rider</u>	<u>Horse</u>	<u>Score</u>	<u>Place</u>
Jennifer Baumert	Orion	70.12	1

Second Level Junior

<u>Rider</u>	<u>Horse</u>	<u>Score</u>	<u>Place</u>
Amanda Braverman	Casanova	61.90	1

Second Level Adult

<u>Rider</u>	<u>Horse</u>	<u>Score</u>	<u>Place</u>
Cynthia Clarke Paolillo	Eridani	62.45	1

Second Level Open

<u>Rider</u>	<u>Horse</u>	<u>Score</u>	<u>Place</u>
Anita Kokoszka	Misty's Sunpiper	60.56	1

Third Level Adult

<u>Rider</u>	<u>Horse</u>	<u>Score</u>	<u>Place</u>
Elizabeth Braverman	Merci Beaucoup	57.65	1

Third Level Open

<u>Rider</u>	<u>Horse</u>	<u>Score</u>	<u>Place</u>
Jennifer Baumert	Evangelista	66.36	1
Timothy Malin	Tiramisu	56.55	2

Fourth Level Adult

<u>Rider</u>	<u>Horse</u>	<u>Score</u>	<u>Place</u>
Fern Feldman	Le Noir	63.93	1
Brandilee Hilbert	Theo de Caudard	60.11	2

Fourth Level Junior

<u>Rider</u>	<u>Horse</u>	<u>Score</u>	<u>Place</u>
Dennis Proll	Winrich	64.72	1

Junior Team Qualifier Tests

<u>Rider</u>	<u>Horse</u>	<u>Score</u>	<u>Place</u>
Catherine Pereira	Night Music	58.27	1

Prix St. Georges Open

<u>Rider</u>	<u>Horse</u>	<u>Score</u>	<u>Place</u>
Jennifer Baumert	Weltgraf	68.22	1

FEI Young Riders

<u>Rider</u>	<u>Horse</u>	<u>Score</u>	<u>Place</u>
Brandilee Hilbert	Theo de Caudard	56.80	1

Intermediaire I

<u>Rider</u>	<u>Horse</u>	<u>Score</u>	<u>Place</u>
Dee Loveless	Roy	62.37	1

Intro Level Open

<u>Rider</u>	<u>Horse</u>	<u>Score</u>	<u>Place</u>
Cheryl Matthewson	Azel PJD	62.63	1

Training Level Junior

<u>Rider</u>	<u>Horse</u>	<u>Score</u>	<u>Place</u>
Kate Lussier	Greenwood Quintana	60.23	1
Desiree Bilodeau	Shine On	60.01	2

Training Level Open

<u>Rider</u>	<u>Horse</u>	<u>Score</u>	<u>Place</u>
Stephanie Sittnick	Il Cavallo	63.57	1
Cheryl Matthewson	Zilbergeist	62.91	2
Diane Morrison	Tuppeny Lord	62.04	3

Training Level Adult Amateur

<u>Rider</u>	<u>Horse</u>	<u>Score</u>	<u>Place</u>
Sarah Warzecho	Kalahari	65.40	1
Holly Hansen	Pantera	64.65	2
Cathy Setzer	Jake	63.47	3
Robin Cassella	Holiday	60.75	4
Anne Perreault	Twice Shy	60.62	5

First Level Open

<u>Rider</u>	<u>Horse</u>	<u>Score</u>	<u>Place</u>
Kari Bradshaw	Briar Bay	63.31	1

Second Level Junior

<u>Rider</u>	<u>Horse</u>	<u>Score</u>	<u>Place</u>
Jacqueline Cloud	Starks Tegwch	61.30	1



Don't look like this when you realize that you have forgotten your CDA Membership renewal and won't be receiving your April *Centerline!!*

Board Members - Continued from page 2

Theresa Hunt of Glendale, Arizona was elected Region Five Director, representing the states of Arizona, Colorado, New Mexico, Utah, Wyoming, eastern Montana and western Texas. Theresa was raised in a military family and learned to ride in Japan. After graduating from college, she became an officer in the US Air Force as an aircraft maintenance officer and served for 20 years. During her career she continued her interest in horses, showing in hunters, three-day eventing, and dressage. While stationed in Germany, she earned the German bronze riding medal. She has served as president of the Arizona Dressage Association, managed dressage shows, and assisted with the USDF National Symposium in Arizona. A graduate of the USDF "L" Program, Theresa is also a USA Equestrian dressage technical delegate.

Melissa Creswick of Clovis, California was elected Region Seven Director, representing the states of California, Hawaii and Nevada. Melissa is a "R" dressage judge and "r" dressage sport horse breeding judge. For the past 25 years, she has owned and managed Clovis Training Center, a training facility with 75 horses. A USDF Silver medalist, she has trained two FEI horses and competed to Grand Prix. As an instructor, many of her students have earned their bronze and silver medals. She has served on the board of the California Dressage Society and served as their president for three years. She has also served on several USDF committees including All-Breeds, Sport Horse, Quadrille, Adult Education, and Test Writing.

Kathryn "Kat" Kyle of Bandera, Texas was elected Region Nine Director, representing the states of Arkansas, Louisiana, Mississippi, Oklahoma, and Texas. Kat is a "r" dressage judge and operate a breeding farm as well as an exotic-wildlife business. She is a charter member of the Texas Dressage Society, and founding member of the Southwestern Dressage Association in New Mexico where she served as president and newsletter editor. Since moving back to Texas, she has served as president of the Alamo Dressage Association. For USDF, she has served on the USDF Regional Championships Committee and was the volunteer show secretary for the Region Five championships for five years.

Dressage On Television

Lincoln, Nebraska (January 14, 2002) – Until now, catching the glimpse of a dressage horse on American television is a very rare sighting. Thanks to a joint project with the United States Dressage Federation (USDF) and RFD-TV, several hours of dressage will be available each week on satellite television.

RFD-TV is located on channel 9409 of the DISH Network System, and soon will also be available on DirectTV. RFD-TV is the nation's first 24-hour television network dedicated to serving the needs and interests of rural America and agriculture. It is a nonprofit 501(c) corporation, which provides informational and educational programming as a public interest channel.

The dressage presentations are aired each Friday at 4 & 10 p.m. eastern time, with three repeats over the weekend. "Dressage is the #1 request from our viewers of horses on RFD-TV," said Patrick Gottsch, President RFD-TV. "The USDF has been instrumental in providing programming that will begin to fill this need. We look

forward to working with the USDF to continue to expand this programming block on RFD-TV to showcase, and promote, dressage to millions of homes in North America."

"We are very excited to be able to present dressage training through RFD-TV. With this technology, we have the capacity to reach over 17 million homes," explained Beth Wood, USDF's Director of Sales and Marketing.

RFD-TV features 56 hours of programming each week to serve the entire equine industry. Training, events, and informational videos are featured each day in two-hour blocks. Broadcasting originates from Dallas, Texas, and the network is supported through sponsorships of its programming. For further information, www.rfd-tv.com.

This month, the presentation features renowned German trainer Conrad Schumacher filmed at the 1999 USDF National Dressage Symposium. Viewing schedules are posted at www.rfd-tv.com/daily_schedule.htm, then look for the word "Dressage".

Teikyo Post University Equine Lecture Series

Friday, Feb 22nd at 7:15 PM - Equine Dental Care with Bob Simard:

Bob is co-founder of Equine Dental Associates, which provides quality dental, care for horses. To be held in the Connecticut Room (#201), second floor, Drubner Center at Teikyo Post University. Signed from Exit 17 off I-84.

Friday, March 22 - Update on Colic with Dr. Mark Baus:

Dr. Baus from Fairfield Equine Associates in Newtown, CT. By popular demand, he returns to speak on the latest knowledge about colic. To be held in the Connecticut Room (#201), second floor, Drubner Center at Teikyo Post University. Signed from Exit 17 off I-84.

Tickets are \$5 in advance or \$10 at the door. To reserve seats, make checks payable to TPU-ERC and send to Carole Baker at Teikyo Post University, P.O. Box 2540, Waterbury, CT 06723-2540. Proceeds benefit equine scholarships at the University. For further information, call 203-596-4631 or email CBaker@teikyopost.edu

President's Message

The CDA is having a party and you are invited! Yes it is that time of year again. The CDA Annual Awards party is Saturday, February 9th beginning at 7:00pm at Fern's house. FUN, FOOD, AWARDS, and SOCIALIZING. You do not have to be getting an award to attend. Everyone is welcome...friends, loved ones, horsey people, non-horsey people, etc. This year we are once again going to have the event catered. Food, soda and juice will be provided, but it is BYOB. All we ask is that you bring a dessert.

If the fun, food, awards and socializing were not enough...this year at the party we will be holding a Silent Auction to help raise funds for the 2002 Spring Recognized Show. All sorts of exciting items will be available to bid on!

Please RSVP to Fern by February 4th at 203-272-0711. Directions to the party are enclosed in this newsletter. (see below)

With springtime just around the corner comes the start of show season. Mark your calendars for 2002, here are some show dates for you.

CDA 2002 Schooling Shows

May 5, 2002 - Once Again Farm - Meriden, CT

August 4, 2002 - Stone Ledge - Bethlehem, CT

September 22, 2002 - Once Again Farm - Meriden, CT.

CDA Spring Recognized Show

May 31-June 2, 2002 - Ox Ridge - Darien, CT

This year we have added a day to the Spring Recognized Show.

Region 8 Championship and Summer Show

August 23-25, 2002 - Ox Ridge - Darien, CT

Looking forward to seeing you there.
Corrie

YEAR END AWARDS PRESENTATION



February 9, 2002 at 7pm
Where - Fern Feldman's Home

Dinner and some fun...dancing????

Bring spouses, significant others, friends, potential CDA members, but come!!!

This is a party for you, the CDA members.

RSVP to Fern by Feb 4th. 203-272-0711

BYOB -soda and mixers will be provided.
Bring your favorite dessert to share



Directions: From I-84, take exit 26 Cheshire. Turn right (or bear right if you are coming from the Waterbury) at the light at the end of the ramp. Stay on route 68/70 until Mountain Rd. Land Mark is that Mountain Rd is the NEXT light after the Notch Store on the right and at the light where Rt 68 splits from Rt 70. Turn Right onto Mountain Rd. At four-way stop go straight, Fern's home is about .6 mile on the left from the four-way stop, 890 Mountain Rd, white ranch with circular drive.

