

CONNECTICUT DRESSAGE ASSOCIATION

A NOT-FOR -PROFIT ORGANIZATION PROMOTING DRESSAGE THROUGH EDUCATION AND OPPORTUNITY

MUSICAL FREESTYLE CLINIC

Clinic Date: Clinic Date: Sunday, April 18, 2010

Clinic Location: Fox Ledge Farm, East Haddam, CT

CDA presents a clinic with Ann Guptill, FEI Trainer and owner of Equestrian Arts Productions

This clinic will focus on musical freestyles including how to select music for your horse, choreography of your freestyle and artistic impression. Both auditors and riders will gain a better understanding of musical freestyles through the lecture and riding sessions. Musical freestyles can help all riders improve their ability to ride in a consistent rhythm (with the music); to influence and regulate the rhythm and tempo of the gait; the ability to develop creativity in riding movements and patterns; timing; and to identify and bring out your horse's strengths through your riding. There will be individual rider sessions where Ann can assist riders with refining their current freestyle, creating a new freestyle, choreography, and music search. Interested riders should please contact Sharon Knies, sknies@windhorseinternational.com (203.710.5809), for more information or to sign up as slots will fill quickly.

CDA members, this would be a great way to get started on your freestyle if you are planning to join a team at this years Northeast Regional Adult Amateur Dressage Championships (NRADC) at Mystic Valley Hunt Club. For more info about how to be a part of a team please refer to your CDA 2010 omnibus.

Video Services will be available to riders for a fee by Equestrian Arts Productions, LLC. Please contact Equestrian Arts directly at 860-873-3225 or eqarts@snet.net if riders are interested.

In order to keep clinic rates down, we are asking that riders and auditors bring their own chairs. We appreciate your help in this effort.